

Shaftesbury Cycling Club

presents the 105th edition of its

Open 50 Miles Time Trial

(B.B.A.R. Counting Event)

Sunday 18th July 2021

Start 8.33 a.m.

Course F2/50

Event H.Q. - Caldecote Village Hall,
Furlong Way, Highfields Caldecote, CB23 7ZH.

Map Reference TL350585

Event Secretary: Gary Jackson
40 Hillcroft, Loughton, Essex, IG10 2PS

Mobile: 07899 962432

Email: 50Organiser@ShaftesburyCC.uk

Timekeepers: Tim and Becki Groves

Awards

Fastest The Perkins-Shaftesbury Centenary Trophy
(to be held for one year)

	<u>Men</u>	<u>Handicap</u>	<u>Veteran Standard</u>
First	£50	First £50	First £30
Second	£40	Second £40	
	<u>Women</u>	Third £30	<u>Fastest Team of Three</u>
First	£50	Fourth £30	£10 each rider
Second	£40	Fifth £20	
		Sixth £20	

One Rider - One Prize (except for Team Award)

**IT IS IMPERATIVE THAT YOU READ THE NOTES ON PAGE 2 WHICH
DETAIL THE ACTIONS NEEDED BECAUSE OF THE COVID 19 PANDEMIC**

Visit www.ShaftesburyCC.uk for details of all Club activities.

IMPORTANT - PLEASE READ THESE CTT REGULATIONS AND RIDERS' NOTES

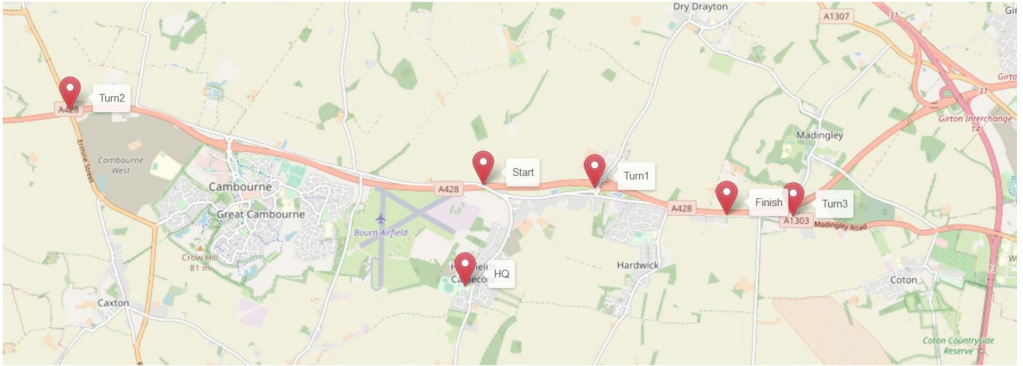
1. **No** 'warming up' by competitors is allowed along any part of the designated course after the event has started.
2. **NO "U" TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
3. No riders will be allowed into the Start area prior to 5 minutes of their Start Time.
4. No vehicles are to stop or park on road or verges at Start or Finish.
5. Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road but should be located at the commencement of slip road.
6. Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
7. **IN THE INTERESTS OF YOUR OWN SAFETY**, Cycling Time Trials and the Event Promoters strongly advise you wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 **ALL Juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**
8. Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NO LIGHT – NO RIDE.**
9. CTT has issued two PDF documents, a Covid-19 Risk Assessment and "Putting on a Cycling Time Trials Event during COVID19". If you haven't already read them please download them from the CTT website and read them carefully.
10. **Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms.** At no time must riders and helpers gather in groups of more than six. Social distancing must be obeyed at all times, around the HQ area, at parking areas and at the start. Please wear face covering at the HQ.
11. No changing facilities will be available at the HQ. Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room.
12. Riders' body numbers will be available at the event HQ and must be personally signed for after reading any special course instructions. We will be using normal race numbers rather than disposable numbers so make sure you return them after your ride and place into the box provided so we can wash them later.
13. As the HQ is in a residential area no static warm up is allowed at the HQ, so no turbos or rollers.
14. As soon as you have finished you should not stop at the finish and should not loiter at the HQ or parking areas but promptly return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF). You should also check to see if you are required for Doping Control.
15. There will be no refreshments at the HQ and no results displayed. Results will be published on the relevant websites once all are confirmed. **DO NOT APPROACH THE TIMEKEEPERS.**
16. This event is also a qualifying event for the ECCA Points and Handicap Competitions. The handicaps have been calculated using the Standard Handicapping System, modified for ECCA use.
17. Please inform [Organiser](#) or [Webmaster](#) of any improvement in your Personal Best. Failure to do so could result in you being disqualified from the Handicap Award.

HEAD DOWN RIDING KILLS!

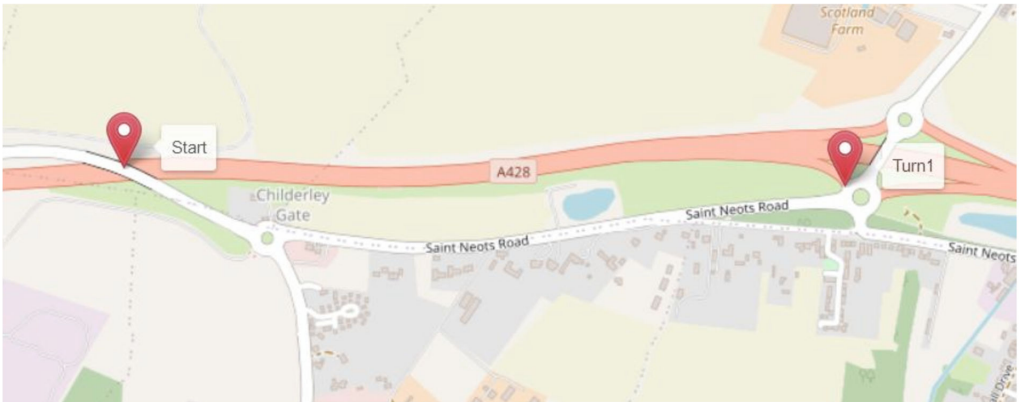
COURSE DETAILS F2/50

Grid References Start: TL35195982 Finish: TL38465952

Interactive map: https://www.questronics.co.uk/maps.html?F2_50

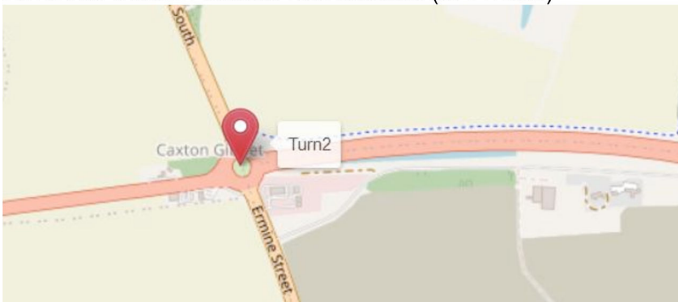


START at paint mark about 25 yards short of expansion joint in road surface of bridge where St. Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote. Proceed eastwards straight over (1st exit) at Caldecote roundabout to Hardwick roundabout where sharp left, 1st exit, onto A428 westbound.

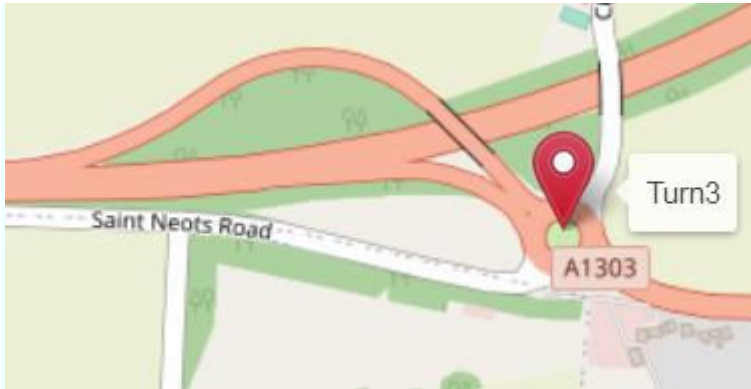


Pass Cambourne junction to

TURN at Caxton Gibbet roundabout (5.4 miles)

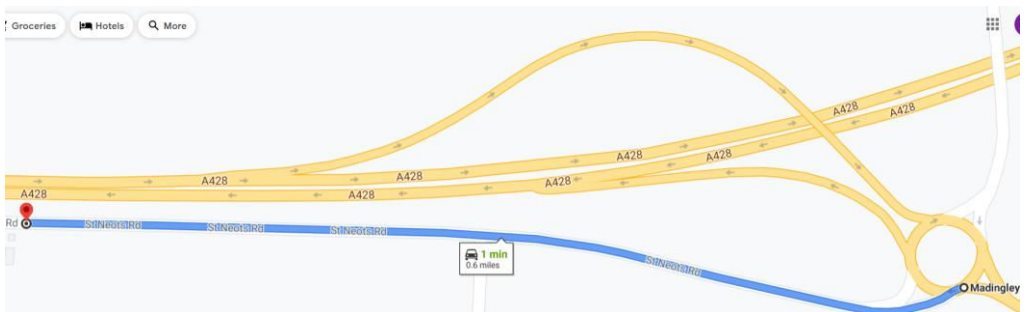


Retrace on A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley, where circle roundabout and **take 4th exit** to re-enter A428 westbound.



Retrace to Caxton Gibbet roundabout, (18.0 miles) where **TURN** and retrace to Madingley roundabout, where take 4th exit to, **TURN** and retrace to Caxton Gibbet roundabout, (30.6 miles) where, **TURN** and retrace to Madingley roundabout, where take 4th exit to **TURN** and retrace to Caxton Gibbet roundabout, (43.2 miles), where **TURN** and retrace to Madingley roundabout, (49.5 miles) where **TAKE 3rd EXIT** on roundabout to **FINISH** 0.6 miles along St. Neots Road and 20 yards after Hardwick 40mph sign.

Be aware that on the 4th time at Madingley roundabout you must take the 3rd exit to join St. Neots Road and must NOT rejoin the A428.



HQ to start:

1 mile of flat road. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini roundabouts to large roundabout where take the 2nd exit onto St. Neots Road. Start is on the A428 overbridge.

NO "U" Turns.

Finish to HQ:

NO "U" Turns after Finish. After finish, stay on St Neots Road, until it bears right to a roundabout where take the first exit. Follow this road to the next roundabout (BP garage) where 1st left, then follow over mini roundabouts and turn right into Furlong Way. Signs will mark the route.

NOTE: No vehicles to park or stop on slip road or verges at Start or Finish. There is limited parking at the HQ but careful parking on the grass is okay. There is another small parking area just past the HQ entrance. Please DO NOT park in the residential streets by the HQ (another Covid-19 consideration) – there is plenty of space to park on grass verges along St. Neots Road nearer the finish **but do not park between the Start and the Hardwick roundabout.**

TANDEM

No	Start	Names	Club / Team	Cat
33	08:33	John ISZATT Dean LUBIN	Team Vision Racing - Silverhook	V V

SOLOS

No	Start	Name	Club / Team	Cat	H'cap	Age Std	Best C & LTS
34	08:34	Samuel HOWES	Sleaford Wheelers Cycling Club	J	50:53		2:19:31
35	08:35	Nicholas KNIGHT	Hart Performance Coaching	V	19:50	2:16:55	1:46:14
36	08:36	Jonny ALLEN	Islington Cycling Club	S	24:39		1:51:24
37	08:37	Robert PISOLKAR	Shaftesbury CC	V	27:31	2:25:36	1:54:28
38	08:38	Joy PAYNE	High Wycombe CC	WV	36:20	2:41:17	2:03:55
39	08:39	Neil LANGLEY	Hampshire Road Club	V	40:08	2:16:55	2:07:59
40	08:40	George FOX	George Fox Cycling Solutions	S	16:37		1:42:48
41	08:41	Tristan DAVENNE	Newbury RC	V	22:07	2:16:55	1:48:41
42	08:42	Ian BRAYBROOK	Basildon CC	V	27:25	2:16:55	1:54:22
43	08:43	Eddie ALLEN	Redmon CC	S	31:40		1:58:55 *
44	08:44	Peter ANSTEY	Welwyn Whs	V	41:01	2:26:20	2:08:56
45	08:45	Adam FISHER	Cambridge CC	S	19:36		1:46:00 *
46	08:46	Chris JONES	Bynea Cycling Club	V	24:19	2:17:20	1:51:03
47	08:47	Chris DYASON	Cambridge CC	V	28:58	2:35:49	1:56:02
48	08:48	Ian STOKES	Team Salesengine.co.uk	V	35:27	2:24:54	2:02:58 *
49	08:49	Maria GENT	Kettering CC	W	46:12		2:14:30
50	08:50	Adam BIDWELL	Kingston Wheelers CC	V	14:49	2:16:06	1:40:52
51	08:51	Samuel THIENEL	Shaftesbury CC	S	22:06		1:48:40
52	08:52	Steve CLARKE	TMG Horizon Cycling Team	V	27:48	2:28:44	1:54:47
53	08:53	Alan BROADBENT	Graham Weigh Racing-Deeside	V	30:48	2:17:20	1:58:00
54	08:54	Graham HURRELL	Basildon CC	V	40:56	2:25:36	2:08:51
55	08:55	Barnabas PURBROOK	Nuun-Sigma Sport-London RT	S	19:01		1:45:22
56	08:56	Peter RICHARDS	Icknield RC	V	24:05	2:22:20	1:50:48
57	08:57	David BAGDAN	Oxonian CC	S	28:49		1:55:52 *
58	08:58	Simon HANRAHAN	Precision Race Team	V	35:25	2:16:30	2:02:56 *
59	08:59	Chantel COETZER	Redbridge CC	W	45:23		2:13:37
60	09:00	Ross CLARKE	TMG Horizon Cycling Team	S	14:30		1:40:32
61	09:01	Stuart HOURIGAN	34 Nomads CC	V	21:26	2:16:30	1:47:57 *
62	09:02	Mark EDMONDS	Shaftesbury CC	V	29:52	2:19:09	1:56:59 *
63	09:03	David WRIGHT	Warrington Road Club/Horton Light	V	30:45	2:25:36	1:57:56
64	09:04	Lisa HURRELL	Maldon & District CC	WV	38:24	2:27:12	2:06:08
65	09:05	Luke CLARKE	TMG Horizon Cycling Team	S	16:20		1:42:30
66	09:06	James WIZARD	Speedhub	S	22:26		1:49:02
67	09:07	Mark WHITE	Mark White Coaching RT	V	28:06	2:19:09	1:55:06
68	09:08	Peter COTTINGTON	Bath Cycling Club	V	35:01	2:23:34	2:02:31 *
69	09:09	Fenella BROWN	Beacon Roads CC	WV	45:08	2:32:54	2:13:21
70	09:10	Dave GREEN	CC Breckland	V	13:18	2:22:20	1:39:14
71	09:11	David HALLIDAY	Newmarket Cycling & Triathlon Club	S	21:12		1:47:42
72	09:12	Scott BEARD	Shaftesbury CC	V	27:40	2:17:46	1:54:38 *
73	09:13	Peter LLOYD	Lindfield Coffee Works	V	30:21	2:16:06	1:57:31
74	09:14	Bob QUARTON	Wolsey RC	V	35:56	2:29:37	2:03:30
75	09:15	Henrik PERSSON	Kingston Wheelers CC	S	16:59		1:43:11

SOLOS

No	Start	Name	Club / Team	Cat	H'cap	Age Std	Best C & LTS
76	09:16	Brendan REESE	Army Cycling	V	23:52	2:16:06	1:50:34
77	09:17	Jason DAVIES	Royal Air Force Cycling Association	V	28:28	2:18:40	1:55:30 *
78	09:18	Philip JONES	Peterborough CC	V	34:47	2:25:36	2:02:16
79	09:19	Carol O'CONNOR	Calder Clarion	WV	44:25	2:35:17	2:12:35
80	09:20	Harley MATTHEWS	D A P Cycling Club	S	14:00		1:40:00
81	09:21	Robert WATSON	Cambridge CC	V	21:08	2:24:13	1:47:38
82	09:22	Ian WROBLEWSKI	Team Lutterworth Cycle Centre	V	26:37	2:17:20	1:53:31
83	09:23	Daryl STROUD	Gloucester City Cycling Club	V	30:09	2:21:45	1:57:18
84	09:24	Eliot DIGBY-JONES	Farnborough & Camberley CC	S	40:55		2:08:50 *
85	09:25	Darren YARWOOD	Chapeau! Vive Le Velo	V	15:29	2:17:20	1:41:35
86	09:26	Antony BROWN	George Fox Cycling Solutions	V	23:50	2:24:54	1:50:32
87	09:27	Dan JENKINS	Southend Wheelers	V	28:24	2:20:08	1:55:25 *
88	09:28	Andrew CURLEY	Warwickshire Road Club	V	34:25	2:22:56	2:01:52
89	09:29	Andrew BOWLER	Reading CC	V	43:52	2:20:39	2:11:59
90	09:30	Mark SMITH	Crawley Wheelers	V	12:56	2:17:20	1:38:51
91	09:31	Peter HARDING	Chelmer CC	V	21:08	2:14:34	1:47:38
92	09:32	Neil EMPSON	Wisbech Whs	S	25:51		1:52:41
93	09:33	Martin BULLEN	Peterborough CC	V	30:17	2:31:30	1:57:26
94	09:34	Keith STOCKWELL	Welwyn Whs	V	37:14	2:18:40	2:04:53
95	09:35	Richard SHARP	Chapeau! Vive Le Velo	S	16:13		1:42:22
96	09:36	Paul BLAMIRE	Amersham Road Cycling Club	V	23:50	2:16:55	1:50:32
97	09:37	Chris SHAW	Fenland Clarion CC	V	28:11	2:22:56	1:55:11
98	09:38	Richard MELLOR	Team Bottrill	V	33:52	2:19:38	2:01:17
99	09:39	Dominic WHITEHEAD	Cambridge CC	V	43:32	2:26:20	2:11:38
100	09:40	Christopher McNAMARA	Nuun-Sigma Sport-London RT	V	11:44	2:16:55	1:37:34
101	09:41	Robert GOLDING	Ely & District CC/B&T Motor Repairs	V	19:58	2:17:46	1:46:23
102	09:42	Stephen WILKINSON	TWB - On Time Race Team	V	24:57	2:21:12	1:51:43
103	09:43	Fiona SHARP	Chapeau! Vive Le Velo	WV	30:37	2:28:04	1:57:48
104	09:44	Lucy MITCHELL	...a3org	WV	37:12	2:28:30	2:04:51 *
105	09:45	Tom THORNELY	Buxton CC/Sett Valley Cycles	S	16:02		1:42:10
106	09:46	Ed TARELLI	Race Hub	V	23:35	2:18:13	1:50:16
107	09:47	Jamie BISHOP	Harlow CC	V	28:43	2:17:46	1:55:46
108	09:48	Ritchie PARKINS	Peterborough CC	V	32:25	2:18:13	1:59:43
109	09:49	Robert JONES	Cardiff 100 Miles RCC	V	43:08	2:31:30	2:11:12
110	09:50	Tom HUTCHINSON	Team Bottrill	S	11:40		1:37:29
111	09:51	Alice LETHBRIDGE	DRAG2ZERO	W	20:06		1:46:32
112	09:52	Chris SPRAY	Ratae RC	V	29:52	2:20:39	1:56:59
113	09:53	Matthew CLARKSON	Wisbech Whs	V	41:44	2:19:09	2:09:42 *
114	09:54	Peter IFFLAND	Chippenham & District Wheelers	V	46:31	2:22:20	2:14:50
115	09:55	Leon WEST	CC Sudbury	V	17:28	2:15:43	1:43:42
116	09:56	Colin LIZIERI	Cambridge CC	V	24:04	2:27:54	1:50:47
117	09:57	Claire EMONS	Newbury RC	WV	27:59	2:32:54	1:54:58
118	09:58	Marianne HOLT	Fareham Wheelers CC	WV	31:45	2:27:12	1:59:01
119	09:59	John MANLOW	Ely & District CC/B&T Motor Repairs	V	24:51	2:19:38	1:51:37
120	10:00	Liam MAYBANK	Twickenham CC	V	10:44	2:18:13	1:36:30

PB's with * after the time are predicted times based on results at other distances